

# S.P.O.R.T:

# STRENGTHENING PARTICIPATION, OPPORTUNITIES, RESPECT, AND TOLERANCE THROUGH SPORTS

**ERASMUS+ YOUTH EXCHANGE** 



## PROJECT DETAILS



3RD-12TH OF NOVEMBER, 2024



**KOBULETI, GEORGIA** 

# TARGET GROUP:



- 36 participants: 6 young people per country, representing partner organizations;
- Age: 36 participants 18-25 years old;
- The youth exchange project "S.P.O.R.T: Strengthening Participation, Opportunities, Respect, and Tolerance through Sports" team will include 36 participants from Latvia, Georgia, Lithuania, Italy, Hungary and Austria



## **ABOUT THE PROJECT**



## What we would like to achieve by implementing the project

The project directly addresses the urgent issues and needs stemming from the increasing occurrences of intolerance, xenophobia, and discrimination in today's societies. These societal challenges threaten social harmony and the well-being of individuals, particularly youth, who often face social exclusion, limiting their opportunities for personal growth and societal engagement. Moreover, there's a growing necessity for enhanced intercultural competence as our world becomes more interconnected and diverse, necessitating skills to engage respectfully and effectively across cultural boundaries.

We aim to foster a culture of tolerance, respect, and mutual understanding among youth from diverse backgrounds through sports. This project not only seeks to use sports to bridge divides but also to equip youth with the skills and attitudes necessary for being active, tolerant, and inclusive citizens in their communities and beyond.



## **Project Activities**

The activities include interactive workshops, sports, daily reflection sessions, and cultural exchange evenings. Workshops will cover topics such as leadership, teamwork, and appreciating cultural diversity, using methods like storytelling, role-playing, and group exercises. Sports activities will not only promote physical health but also teach values like respect, communication, and how to work well in a team. These are designed to be inclusive, ensuring everyone can participate, regardless of their sporting ability.



## **ABOUT THE PROJECT**



## What are the objectives of the project?

- To improve intercultural competencies among participants by engaging them, and enabling them to understand and appreciate cultural diversity
- To use sports as a tool to break down barriers and promote social inclusion, ensuring that activities are designed to be inclusive and accessible to participants of varying physical abilities and sports experiences
- To challenge and reduce discrimination and stereotypes among young people by having workshops on tolerance, anti-discrimination, and the importance of diversity in building healthy communities
- To raise awareness of the power of sport, promote solidarity, non violence and tolerance among youth, as well as a range of social skills and healthy lifestyle
- To increase soft and social skills among participants
- To inspire a sense of active citizenship by highlighting common values and goals, fostering a spirit of cooperation and unity across borders.
- To establish a network of young leaders and organizations committed to the promotion of tolerance and social inclusion through sports, facilitating future collaborations and initiatives
- To increase the competencies of the organizations to use sports activities for youth development and fully recognize the importance of sport for inclusion and community building
- To promote Erasmus + opportunities.







Breakfast, Lunch, Dinner and Coffee breaks will be provided at the hotel.

Participants should inform us forward about their dietary (Vegetarian, Don't eat pork, etc) or any specific needs.

# HEALTH INSURANCE



Each Participant is responsible to have relevant health insurance.

# WORKING LANGUAGE



English - the main idea is to motivate youngsters to improve english and realize the importance of this language as a tool of communication.



CURRENCY IN GEORGIA: LARI (GEL), 1 LARI=100 TETRI.

THE EXCHANGE RATE IS APPROXIMATELY: 1 USD = 2.58 GEL; 1 EUR = 2.87 GEL

NON OF THE CURRENCIES WILL BE ACCEPTED IN THE TRADE CENTERS, CAFES, PUBS, AND RESTAURANTS OR BY TAXI EXCEPT FOR GEL.

THE EXCHANGE OF MONEY IS ACCESSIBLE AT THE AIRPORT, ALSO IN KOBULETI.

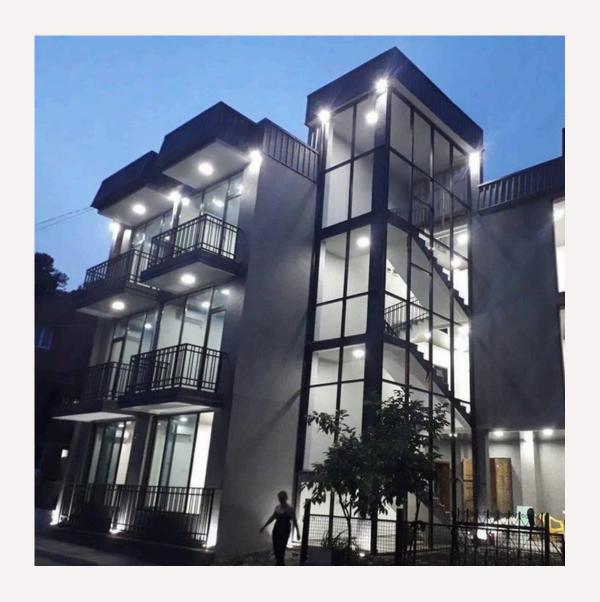


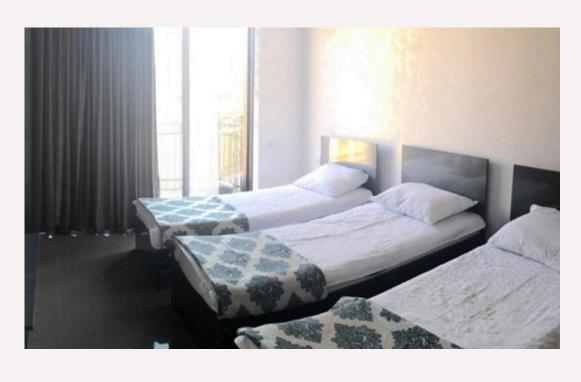
If you buy your ticket in your local currency, which might be different from EURO, we will calculate your travel costs according to the exchange rates from the official European Commission web. www.ec.europa.eu/budget/inforeuro/index.cfm?Language=en

## THE VENUE AND ACCOMMODATION IN GEORGIA



ADDRESS: #644A DAVIT AGHMASHENEBELI STREET, KOBULETI, GEORGIA







PARTICIPANTS WILL BE ACCOMMODATED IN ROOMS WITH 2-3 BEDS.

TOILETS, AIR-CONDITIONERS AND SHOWER-BATHS ARE IN ALL ROOMS OF THE HOTEL. TOWELS AND BED LINENS ARE PROVIDED.



# PREPARATION



- CULTURAL PRESENTATION OF YOUR COUNTRY (DANCES, MUSIC, GAMES, FOOD, DRINKS, TRADITIONAL CLOTHES, SYMBOLS, ETC.). PROMOTIONAL MATERIALS TO PRESENT YOUR ORGANIZATION TO OTHER PARTICIPANTS.
- MEDICINES, WHICH YOU NEED TO GET REGULARLY;
- KEEP ALL YOUR BOARDING PASSES AND TRAVELING TICKETS. OTHERWISE WE WILL NOT BE ABLE TO MAKE ANY REIMBURSEMENT.





IT IS POSSIBLE TO REACH KOBULETI THROUGH 3 AIRPORTS: TBILISI INTERNATIONAL AIRPORT, KUTAISI AIRPORT, AND BATUMI AIRPORT. "YOUTH CENTER OF GEORGIA" WILL ASSIST OR ARRANGE THE LOCAL TRANSPORTATION FROM THE AIRPORTS TO THE VENUE AND BACK.



#### **PLEASE:**

BEFORE BOOKING YOUR FLIGHTS, YOU SHOULD PROVIDE DETAILS OF YOUR TRAVEL PLANS TO US FOR VERIFICATION AND APPROVAL.

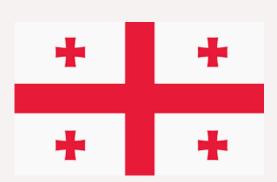
YOU CAN ARRIVE IN GEORGIA 2-3 DAYS EARLIER TO SEE AROUND OR TRAVEL A BIT. HOWEVER, THIS SHOULD BE DONE AT YOUR OWN EXPENSE.





# ORGANIZATIONS













#### Latvia

Association "BK-95"

Travel costs limit: 395 EUR

## Georgia

Youth Center of Georgia Travel costs limit: 56 EUR

#### **Austria**

Sport- und Kultur Verein "NEUER START" Travel costs limit: 395 EUR

#### Lithuania

Travel Enjoy Learn Travel costs limit: 309 EUR

### **Italy**

Comune di Ghedi Travel costs limit: 395 EUR

## Hungary

Szivárvány Törzs Közhasznú Egyesület Travel costs limit: 309 EUR



## **CONTACT INFORMATION**



## **TEAM**

Ali Rezae: 06765519788

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PLEASE, DO NOT HESITATE TO CONTACT US IF YOU NEED MORE INFORMATION OR WOULD LIKE TO DISCUSS ANY DETAILS!
WE ARE LOOKING FORWARD TO MEETING YOU.

